



Anil (FHC President in Nepal) meeting with parents and Scholarship students at the distribution day.



FRIENDS OF HIMALAYAN CHILDREN (FHC) • Empowerment through education

PROGRESS

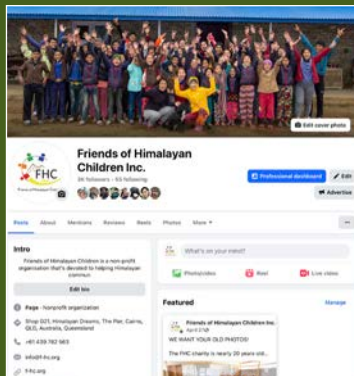
DONATE/SPONSOR NOW



"Our volunteer administration ensures nearly 95% of funds raised go directly to supporting disadvantaged children in regional Nepal."

JUNE 2026

Our FaceBook



The best way to follow the current happenings within FHC is to follow our **FaceBook** page.

There are countless photos and video reels, of life in Batase village and beyond, in real time. Our team in Nepal are very good at recording special moments and just fun, and putting them up on our FaceBook page. Visiting our page is a great way to keep track of the lives of the children we support and the functions of the charity.

Right now you can learn about the successes of the Hostel Grade 10s with their school results and watch their videos of thanks to FHC.

And there is always new videos of the FHC children having fun in their daily lives at the Hostel and in the village.

Gift FHC in your Will?



Wills are something we mortals have to consider and a gift from you through your Will is a great way to expand your legacy and continue to contribute, even after you have gone.

A gift to FHC would allow us continue our work in providing disadvantaged children in regional Nepal with a safe home and access to a good education. In the 18-year operation of this charity, we've had great success in stopping child trafficking in Batase village. Empowerment through education has been key to this success.

FHC plays an important role in the functions of the Batase School to ensure the community has access to a good education.

For more information on how to gift FHC in your Will, visit www.fhc.org/support/make-a-donation

Scholarship distribution day



Students, with their parents, receiving school supplies for the start of the school year.

The new school year is about to start and our students are ready to receive their books and supplies for the year ahead.

It's a special occasion and we invite our Scholarship children (disadvantaged students we support while living at home) and their families to meet with our team in Batase to receive their educational supplies. This gathering is also an opportunity for the FHC team to communicate with the parents about the importance and value of a full education to their children and to allow time in their daily home

... routines for homework. Many of the parents would not have experienced school themselves.

Anil writes "This program is an investment in their education, dreams and future opportunities.

We are grateful to all the sponsors, supporters and well-wishers who make this possible. Your generosity is helping students continue their studies with confidence and hope.

To students, Keep working hard, stay dedicated to your goals and make the most of this opportunity. We are proud of you and excited to see what you will achieve in the future."

Congratulations Anita and Munu, champions



We are especially proud of our girls Anita and Munu from the FHC Hostel.

They are the top scorers in the Secondary Education Examination (SEE) at the Batase School. Their hard work, dedication and determination have truly paid off.

This achievement is not only their success but also an inspiration to many other students. We are so happy to see them growing with confidence with bright dreams for the future.

Since the age of six, Anita Tamang has been part of the FHC family and now she has successfully passed Grade 10 with a Grade Point Average (GPA) of 3.53 (out of a possible 4).

Anita came to the FHC hostel after losing her mother at a very young age and it has been a blessing to watch her grow into a strong, kind, and inspiring young woman.

Her journey has not always been easy but through courage, determination and hard work, she has reached this wonderful milestone.

Munu Tamang achieved a GPA of 3.44 on her SEE examination. Munu came to the FHC Hostel in

2016 with her two older sisters – Akriti and Bindu. Their father died and their mother was too unwell to care for them so FHC invited them in.

This is not Munu’s first academic award. She was voted ‘Best Student of the Year’ in 2024. And she won the Batase School quiz competition in 2022.

Anil writes “Munu came to the hostel at a very young age after the heartbreaking loss of her father. Together, with her older sisters, she found a safe home and loving support at FHC. Since then, FHC has stood beside them like a parent, supporting their education, care, and daily needs throughout the years.

Today, we are proud to see Munu becoming a confident and hardworking young woman with beautiful dreams for her future. Her journey is a reminder that with love, care and opportunity, children can rise above challenges and shine brightly.

We are incredibly proud of you, Munu. Keep believing in yourself and continue chasing your dreams.”

You can view videos of the girls on our [FaceBook](#).

Rupa Tamang



Anil writes “Rupa Tamang is one of our outstanding students at the FHC Hostel.

Along with her two younger sisters, she came to the hostel after losing their mother at a very young age. After their father remarried, life became difficult for the sisters and herself. For the past nine years, FHC has been their home.

During this time, Rupa has grown into a disciplined, responsible and inspiring young leader. She is a positive role model for other students and continues to work hard toward her future.

We are proud of Rupa’s strength, resilience and leadership, and we look forward to seeing all she will achieve in the future.”

Congratulations to our Hostel Grade 10s

SEE RESULTS 2082

CONGRATULATIONS to our friends of himalayan children hostel students.

ANITA TAMANG GPA:3.53

MUNU TAMANG GPA:3.44

AISING TAMANG GPA:3.16

SANGITA TAMANG GPA:3.12

RUPA TAMANG GPA:2.80

KARMU TAMANG GPA:2.75

PALMO TAMANG GPA:2.57

SABINA TAMANG GPA:2.89

Congratulations to all Grade 10 FHC Hostel students on your SEE results. We are so proud of your hard work, dedication and achievements. All achieved well enough to progress to higher secondary education if they choose, such as Grade 11 and 12.

Achieving this success has been made possible with the help of FHC supporters. We wish these students all of the best what ever their decision for the future may be. Your kindness and support is changing lives.

Angus writes “It doesn’t surprise me to see the Hostel students do so well at school. I’ve seen first-hand how committed they are to their schooling, spending extra time and effort doing further study at the Hostel after school. The older kids helping the younger ones. Despite their young age they all understand how important a good education is to their future. And they also understand and appreciate the help FHC is providing. These great results are their way of saying thank you.”

For a further explanation of Nepal’s education system, see overpage.

Congratulations Sangita on passing your SEE



We are proud to celebrate Sangita Tamang’s success in passing her Grade 10 SEE tests with a GPA of 3.12. Sangita is a dedicated, inspiring and hardworking young woman who has always worked hard to build a better future for herself.

Anil writes “Sangita came to the hostel when she was very young after the heartbreaking loss of her father, and later her mother remarried. Since then, she has grown with strength, courage

and determination through every challenge in life.

Watching her journey and seeing her reach this milestone fills our hearts with joy. We believe this is only the beginning of a bright future ahead for her. Congratulations, Sangita! We are proud of you and will continue to support your dreams.”

Sangita’s photo is a screen grab from her video on FHC’s FaceBook page. You can find her video and many more on our [FaceBook](#).

More support from Donna Smith



We are delighted to announce the chosen recipients of the FHC SEE Scholarships 2083 (2026).

Congratulations to all the finalists on this outstanding achievement. Your hard work, dedication, and commitment to education have earned you this opportunity.

We are proud to welcome each of you to FHC family. We look forward to supporting your educational journey and helping you achieve your goals.

This has been made possible through the generous support

of Donna Smith from USA. Anil Tamang (now FHC President in Nepal) guided Donna from on a trek to Everest Base Camp in 2022 and shared with her stories about FHC and the work we are doing. She wanted to help then and she is still continuing to help now.

Donna has pledged enough money for FHC to support 17 more students through the final two years of their senior high school (or '+2 Program').

FHC thanks Donna for her continued life-changing support.

Buddhi Tamang, we wish you a speedy recovery



Buddhi Tamang was invited into the FHC Hostel when family circumstances put him at risk of missing out on his education.

He has a sister and a brother and after their mother died, their father remarried but struggled financially.

Recently Buddhi fell ill with kidney problems and was hospitalised for treatment. Money was raised for his treatment of which FHC donated \$1,000.

Buddhi is now recovering and back at the Hostel and going to school.



"A beautiful girl with a kind heart to everyone." Sanju Tamang is one of the FHC Hostel kids.

Nepal's education system explained



Nepal's education system is structured into:

- Basic Education (Grades 1–8)
- Secondary Education (Grades 9–12)
- Higher education (university or vocational and technical training).

Basic Education focuses on foundational skills, literacy, and numeracy. This is compulsory in government-run community schools.

Secondary Education is divided into two stages: Grades 9 and 10 provide a broad curriculum; and Grades 11 and 12 offer specialised streams.

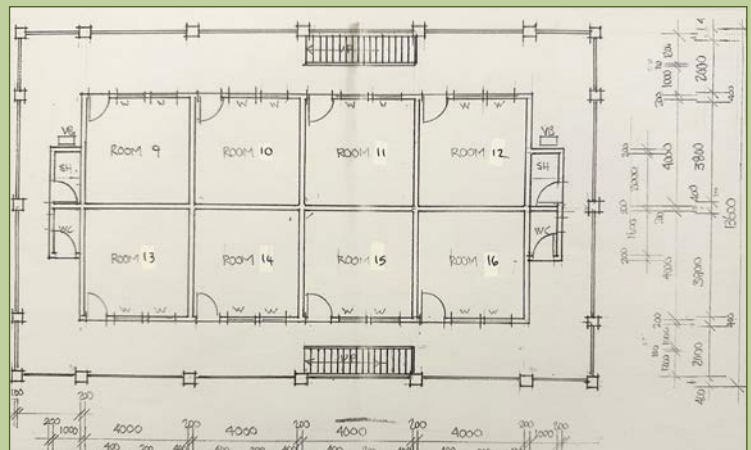
For students to advance to Grades 11 and 12 (or higher secondary), they must sit and pass the Secondary Education Examination (SEE), which is administered by

the National Examinations Board (NEB). Grades 11 and 12 are known as the '+2 program', where students choose streams like Science, Management, Humanities, or Law before entering higher education. This level of education is usually only available in major centres, requiring students from regional areas to move and live away from their communities.

Universities offer undergraduate and postgraduate study. Currently there are 22 universities, overseen by the University Grants Commission. The oldest and largest is Tribhuvan University in Kathmandu.

Vocational and Technical Education provides competency-based curricula and training certificates for students not pursuing traditional academic paths.

Challenges for schools in regional areas



While Nepal has achieved remarkable progress in net primary enrollment within its education system (reaching roughly 97%), the system faces major hurdles. Common challenges include poor rural infrastructure, teacher shortages, and significant geographic disparities.

This is something FHC wants to address. With the help and support of Rotary Club of Cairns Sunrise, we want to construct on FHC a purpose-built accommodation building for students and teachers. Poor infrastructure in regional areas can make it difficult to get

teachers to stay, leading to teacher shortages or high staff turnover. Improving the infrastructure can encourage higher-quality, longer-lasting educators.

To realise our plans, we need your help. You can be part of this development. All donations are tax deductible through Rotary Australia World Community Services (RAWCS). We have the land and we have the plans.

To find out more, visit www.f-hc.org/expanding-batase-school-2

To donate now visit RAWCS <https://directory.rawcs.com.au/28-2023-24>



HOW CAN I HELP?

There are many useful ways you can contribute to our cause.

BECOME A MEMBER

For just \$20/year you can become a member of FHC. You will be added to our email database and notified of upcoming FHC activities and events. And you will receive a quarterly news letter with all of the latest FHC news.

www.f-hc.org/support/become-a-member

TAX DEDUCTIBLE DONATE

Your donations to our big projects are now tax deductible. You can now make tax deductible donations to FHC through the Rotary Australia World Community Service (RAWCS) website. Visit <https://donations.rawcs.com.au/28-2023-24>

DONATE IN YOUR WILL

Have you considered leaving money for FHC to continue its work from your estate in your WILL?

Visit www.f-hc.org/support/make-a-donation to learn how.

FHC DONATION TINS



Do you know of a high pedestrian-traffic venue (ie. café, bakery, corner shop, butchery) that would be willing to have our charity tin displayed on their counter?

If so, please contact Jonathan on 0414 281 196

If the tin is lost or stolen, the venue will have no liability whatsoever. We can also supply a chain and attach the tin to the counter.

FUNDRAISING IDEAS?

- If you have any ideas for a fundraiser, however small, please email donations@f-hc.org
- If you would like to give a talk about FHC to work colleagues or friends, please let us know and we can supply pull-up banners and advertising materials.

RECYCLING FOR FHC



Most soft drink cans, plastic bottles, beer bottles and cans, juice poppers, and even Yakult bottles are redeemable. Just look for '10c' printed on the label. **Now wine and spirits' bottles are included**, even without the '10c' label.

You can take your redeemable containers to any recycling centre in Queensland and the code **C10010512** will direct the money straight to FHC.

Or get your collection to us and we can process them:

- **REDLYNCH:** call/text Jonathan – 0414 281 196; or email pascaleclayton@gmail.com with your address for pickup; or drop them off in front of their garage door at 29 Eugenia Cres, Redlynch; or
- **MOOROOBOOL:** call/text Angus – 0432 715 148 to deliver to his address or he can collect; or
- **CARAVONICA:** call/text your location to Annett – 0434 702 126 and she can collect; or
- **FRESHWATER:** call/text Maureen – 0407 737 337, or deliver to 16 Merrybrook Street, Freshwater; or
- **TRINITY BEACH:** call/text Kurt – 0459 357 782 to discuss collection; or
- **ATHERTON:** call/text Mary Frances – 0400 607 323, or deliver to 3B Crisp Close, Atherton.

• **WANT TO BE A COLLECTOR TOO?** email info@f-hc.org

EMPOWERMENT THROUGH EDUCATION



Support a child in Batase

www.f-hc.org/sponsor

FOR JUST \$30 PER MONTH

you can provide essential support for a child to be able to succeed at school to Year 10, while living at home.

You can make a difference.

EMPOWERMENT THROUGH EDUCATION



Sponsor a child in FHC Hostel

www.f-hc.org/sponsor

FOR JUST \$60 PER MONTH

you can guarantee a child a place in school and the support needed to help the child in our Batase Hostel succeed to Year 10.

You can make a difference.

EMPOWERMENT THROUGH EDUCATION



Sponsor a youth in Kathmandu

www.f-hc.org/sponsor

FOR JUST \$150 PER MONTH

you can support a young adult attending Higher Secondary School in Melamchi or Kathmandu.

You can make a difference.