



FRIENDS OF HIMALAYAN CHILDREN (FHC) • Empowerment through education

PROGRESS

DONATE/SPONSOR NOW



"Our volunteer administration ensures over 96% of funds raised go directly to supporting disadvantaged children in regional Nepal."

MARCH 2021

Jenisha



Jenisha is staying with her Grandma in Batase village, she approached FHC this morning for a school bag, your support has made this possible. For many children in Batase, the FHC schoolbag is their first schoolbag.

SUSAN DEVITT
6 MARCH

IN YOUR CALENDAR

AGM

A date has been set aside for the Annual General Meeting: **Wednesday 9 December.**

A location is yet to be determined.

Rice for FHC Hostel



Loading rice from Melamchi Bazaar on to the truck for our hostel kids. This is all made possible by your generous donations. Giving our kids access to education is ongoing.

SUJAN TAMANG

FACEBOOK

Many of the young people who have previously worked for 'Take on Nepal' are constantly posting very positive comments on Facebook about life in Batase village. Become friends on our FB pages.



Friends of Himalayan Children

Take on Nepal



Jonathan inspires 'Recycle for change' by example



Jonathan is a hero to the children in Batase Village and his commitment to raising money for FHC needs to be acknowledged. Every single morning Jonathan goes out at sunrise and spends hours collecting recyclables. He raises an average of \$230 each week and this money goes towards feeding all 50 children living in the FHC hostel.

Jonathan's efforts have inspired others. Friends as far away as Boonah in southern Queensland are helping out also.

Pete Trehearn writes "We have been collecting containers for change to benefit FHC charity here in Boonah for a few months now. We do not have a collection point

in the town but people come from Beaudesert each Monday to collect them. We separate the containers into aluminium containers, glass bottles and plastic bottles, bag them up, write the code on and take it to the collection point at the local showgrounds.

We regularly deposit between 300 and 500 containers.

It started with the local cycling group and word-of-mouth has seen it spread so now we have 10 to 12 people who bring containers in regularly. The local high school runs a very popular Duke of Edinburgh program and some of the students will be collecting containers as part of their Voluntary Service."

How can you help? See back page.

Scholarship distribution: your donations to FHC working hard for the kids of Batase – Susan Devitt

We all know how important an education is to the development and wellbeing of children and young adults. In a poor, developing country in Nepal, a good education has even a greater significance, not only to the students but for the advancement and development of the country. There are great opportunities for educational resources in the major centres, and the government works hard to provide facilities in the regions but holding children back is the lack of finances in the poorer families for learning materials.

No child should be held back, deprived or not given a chance just because their families are too poor to provide learning materials. This is where you have helped. As donors to FHC, nearly 100 per cent of your donations goes to supporting these children with food, board and schooling resources.



SUJAN TAMAN
MANAGER OF FHC IN NEPAL
27 FEBRUARY

"We just finished scholarship distribution program this morning. Thank you so much for everyone who helped Friends of Himalayan Children, Nepal."

"This project was stopped my COVID-19 from last year, so now we are able to make it happened this again."

"Those beautiful children are very happy to receive scholarship items again. Thank you so much to you all good people."





MEMBERSHIP FORM

Members receive FHC news updates, 10% discount at Himalayan Dreams and 10% off on all FHC sponsored events.

MEMBERSHIP TO FHC

Membership to FHC is to be paid annually. The membership year coincides with the financial year – July to June (no matter when in the year you pay your membership, it will always expire on 30 June).

Becoming a new member, or renewing your membership, is a 3-step process:

1. Indicate your membership type
2. Make payment through your online bank via 'Direct Debit' (see below)
3. Provide your details and send back to us.

1. Membership type (for a single year or a 3-year term)

SINGLE (\$10/year)

COUPLE (\$20/year)

FAMILY (\$30/year)

SINGLE (\$30 for 3 years)

COUPLE (\$60 for 3 years)

FAMILY (\$90 for 3 years)

2. Payment

Please make payments via 'Direct Debit' to:

Friends of Himalayan Children

BSB Number 034 664

Account Number 262 957

[Please put your 'name-membership number (if you have one)' in the 'Payee Reference' box]

3. Member Details

Name: _____

Address: _____

Preferred phone contact: _____

Email: _____

ABLE TO VOLUNTEER?

When organising fund-raisers or other FHC events we are on the lookout for people to lend a hand. Would you like to be on our 'able to volunteer' database so that we can contact you when we need help? If so just indicate by ticking the box below.

Yes I'm happy to be included on your 'able to volunteer' database

Contact Details

Friends of Himalayan Children Inc, PO Box 5213 Cairns Qld 4870 AUSTRALIA

Mobile: 0428 861 001 (Tim Trehearn); Email: info@f-hc.org; Website: www.f-hc.org



CAN YOU HELP?

There are many useful ways you can contribute to our cause.

FHC DONATION TINS



Do you know of a high pedestrian-traffic venue (ie. café, bakery, corner shop, butchery) that would be willing to have one of our charity tins displayed on their counter?

If so, please contact Jonathan on 0414 281 196

If the tin is lost or stolen, the venue will have no liability whatsoever.

We are also able to supply a chain and attach the tin to the counter.

REDEEMABLE CONTAINERS

RECYCLING FOR FHC



Most soft drink cans, plastic bottles small and large, beer bottles and cans, juice poppers, even Yakult bottles are redeemable. Just look for '10c redeemable' printed on the label.

You can take your redeemable containers to any recycling centre in Queensland and the code **C10010512** will direct the money straight to FHC.

Thank you to the Brisbane recyclers who are already directing refunds to FHC.

Other ways to redeem for our cause:

- ring Jonathan on 0414 281 196; or
- email pascaleclayton@gmail.com with your address for pickup; or
- drop them off in **Redlynch** (front of the garage door at 29 Eugenia Cres); or
- drop them off in **Edge Hill** (8 Fleming St) – Di Andrews 0408 180 201.

EMPOWERMENT THROUGH EDUCATION



Sponsor a child in Batase
www.f-hc.org/sponsor-now

FOR JUST \$30 PER MONTH

you can provide essential support for a child to be able to succeed at school to Year 10, while living at home.

You can make a difference.

EMPOWERMENT THROUGH EDUCATION



Sponsor a child in FHC Hostel
www.f-hc.org/sponsor-now

FOR JUST \$50 PER MONTH

you can guarantee a child a place in school and the support needed to help the child in our Batase Hostel succeed to Year 10.

You can make a difference.

EMPOWERMENT THROUGH EDUCATION



Sponsor a youth in Kathmandu
www.f-hc.org/sponsor-now

FOR JUST \$150 PER MONTH

you can support a young adult through Year 11 and 12 staying in FHC's Banana House in Nepal's capital, Kathmandu.

You can make a difference.

FUNDRAISING IDEAS?

We have nearly 600 people who are paid up members or who donate regularly to FHC. If you have an idea for a fundraiser, however small, please email me at:

donations@f-hc.org

If you'd like to give a talk about FHC to work colleagues or friends, please let us know and we can supply advertising material. Every cent counts and we are responding to more and more needy children in Batase Village.